



SUMMER 2022 CAMP HANDBOOK & SAFETY PLAN

Welcome Camp Families!

We're incredibly excited about this summer and everything it has in store for you and your family. Each day promises to be full of new experiences, good friends and great baseball. To ensure that you get the most out of your Phillies Baseball Academy experience, we have put together this Camp Handbook.

Please be sure to read this handbook, as it outlines some important information about Camp. You can also access this information and more details by visiting our website at philliesacademy.com.

Once again, we would like to extend a warm welcome or welcome back to you this summer. If there is anything we can do to ensure that you get the most out of your camp experience, please let us know anytime at campmail@philliescamps.com.

- Phillies Baseball Academy Staff



**Camp runs from
9:00 AM - 4:00 PM**

*Early Drop-Off available at 8:15 AM for an additional \$60 charge for one week.



**Camp Office
(610) 520-3400**

**Camp Email
campmail@philliescamps.com**



**Camp Website
philliesacademy.com**



@philliesbaseballacademy

FIRST DAY REMINDERS

- Print your Pick-up Card and place on your dashboard
- Parents/guardians are to remain in their vehicle at all times
- Review "Items Needed for Camp" section of this handbook
- Parent Orientation will be emailed to all families prior to camp

WHAT TO BRING TO CAMP

Players must arrive to camp with their provided uniform each day. Jersey will be given to camper on the first day.

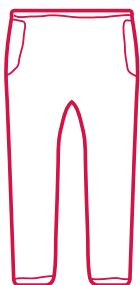
Camp jersey should be washed at home each day.

All players and staff should have a backpack clearly labeled with the following items inside on a daily basis.

Items should be rotated/changed on a daily basis:

1. Lunch box/bag
2. Snack(s)
3. 2-3 beverages/water bottles
4. Sunscreen if necessary (must be self-applied)
5. Clean t-shirt and shorts
6. Hand towel

Items Needed for



Phillies Baseball Academy uniform

(Ordered prior to camp via Angelo's Corner, to be worn and washed each day)



cleats with rubber or plastic soles
(no metal spikes)



official Phillies cap



baseball glove



sunscreen



sneakers
(for indoor use if needed)

Lunch



food



water

Camper should bring a lunch and refreshment (marked with their name and team name) in either a cooler or an insulated thermos bag with ice pack.

Please remember to provide **3-4 beverages** (or enough to last the whole day).



backpack, tote bag or bat bag

Optional Items



helmet



sunglasses



heart guard
(recommended)



extra t-shirt



belt
(not included with the uniform)



athletic shorts



batting gloves



baseball bat

WHAT NOT TO BRING



DROP-OFF & PICK-UP



Our Drop-Off & Pick-Up process is designed to be safe, easy and convenient.

Our Coaching Staff will be there when you pull up and will open the car door.

Parents/Caregivers should remain in their vehicles at all times.

All parents will receive an email containing a customized Pick-Up Card. Please print the Pick-Up Card and display on your dashboard each day during Drop-Off and Pick-Up.

JUST A FEW REMINDERS



- Please print your Pick-up Card and display on your dashboard.
- Please inform us if you are carpooling with other camp families.
- Please refrain from using cell phones in car line.
- For early Pick-Up, please call prior to 3pm to arrange a time.
- For late Drop-Off, please call (610) 520-3400 to inform our staff of your arrival. Please remain in your car.

CAMP DIVISIONS

Four divisions offer boys & girls the ability to continue developing their baseball skills and take their game to the next level.



@philliesbaseballacademy



HEALTH GUIDELINES

VISITING CAMP

Sites will be closed this summer to all visitors unless approved by the Site Director and/or Camp General Manager. There will be no general visitation allowed by family members or caregivers.

CONTACTING A CAMP FAMILY

It is our goal to assist camp families in contacting other camp families while respecting and maintaining each family's privacy and confidentiality.

Call us and we will help you connect.

CODE OF CONDUCT

Phillies Baseball Academy encourages fun, friendship and safety in a positive atmosphere. We have established behavior guidelines that revolve around the "Three R's":

1. Respect for yourself
2. Respect for others
3. Respect for your environment

ADD MORE WEEKS & TRY SOMETHING DIFFERENT

Give us a call at **(610) 520-3400** to add weeks or to learn more about all of our camp options this summer!

HANDWASHING & SANITATION

Mandatory hand washing for campers & staff daily.

Hand sanitizer stations set up at each location.

Clean and Disinfect Camp Sites Regularly

Increased Staff Training



A SAFE ENVIRONMENT FOR PLAYERS

Increased safety procedures and policies were developed in 2021 to minimize risk and provide our campers with a memorable camp experience. After such a successful summer, we at Phillies Baseball Academy have ensured the same measures will be taken this Summer 2022.



LIMITING THE NUMBER OF PLAYERS AT EACH SITE

Phillies Baseball Academy has limited the number of registrants at each camp this summer. This will help us to ensure that camp is smaller at each location.



PROMOTING PROTECTIVE MEASURES

Phillies Baseball Academy locations will follow state and local guidelines. We will promote protective measures (physical distancing, proper hygiene, respiratory etiquette, face coverings, symptom awareness, ventilation, etc.) through facility signage and staff communication to campers.



MANDATORY HEALTH FORM REQUIREMENTS

Safety is our #1 priority, and all campers are required to have an updated physician's or health care provider's signature before the 2022 camp season begins (valid from May 2021). Updated immunization records will be required for all campers.



MEDICATION

All campers with ANY food allergies are required to have an injectable epinephrine pen with them while they are with us at camp. We only permit emergency medications at our camps: Epinephrine injection for food allergies or rescue inhalers for asthma.

Campers must be able to administer medication themselves.



ILLNESS

To ensure the health and safety of all players and staff members, please follow our COVID-19 Symptom Management Plan.



STAYING HEALTHY WHILE HAVING FUN IN THE SUN

Hydration

It is important that our campers stay hydrated, and we encourage our campers to drink water throughout the day. Our Coaching Staff will offer frequent reminders and give opportunities for water breaks during the camp day. Please provide enough beverages to last the entire day.



Sunscreen Tips

Apply sunscreen in the morning before camp and use a waterproof or water-resistant sunscreen with SPF 30+.

(610) 520-3400

for more details, visit: www.philliesacademy.com





POWERED BY

COVID-19 SYMPTOM MANAGEMENT PLAN



Can My Camper Go to Camp Today?



(answer each question to the left)

1: Does your child have ONE of the following symptoms: new onset persistent cough, difficulty breathing, loss of taste or smell, shortness of breath?

IF YES, See **Yellow Box**

IF NO, See **Green Box**

COME TO CAMP

- Wear a mask (optional)
- Maintain social distancing
- Wash hands frequently

2: Does your child have TWO OR MORE of the following symptoms: headache, fever (100.4 or higher oral temp), chills, fatigue, runny nose, sore throat, congestion, muscle aches, diarrhea, vomiting?

IF YES, See **Yellow Box**

IF NO, See **Green Box**

STAY HOME

- Call Camp Athletic Trainer
- Rest and recover
- Call your doctor if symptoms worsen
- Follow the Return to Camp Criteria (**RED BOX**)

3: Is your child currently waiting for a COVID-19 test result for any reason other than a required routine screening for a health procedure or prior to travel?

IF YES, See **Red Box**

IF NO, See **Green Box**

If fully vaccinated and no symptoms then no need to quarantine. Come to camp, wear a mask for 5 days.
If unvaccinated camper must stay home and follow quarantine timeline.

4: Has your child tested positive for COVID-19 in the past 5 days?

IF YES, See **Red Box**

IF NO, See **Green Box**

RETURN TO CAMP CRITERIA

If your child has symptoms that could be COVID-19 and tests positive or does NOT get tested, he/she may NOT return to camp until the following 3 criteria are met:

1. Fever free for 24 hours without medication, AND
2. Symptoms improved AND
3. At least 5 days have passed since symptoms started

*Call the Camp Athletic Trainer of ANY (positive or negative) COVID-19 test results.

5: In the past 5 days, has your child had close contact with someone who has COVID-19? Close contact means being within 3 feet of that person for 15 minutes or longer.

IF YES, See **Blue Box**

IF NO, See **Green Box**

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for more details, visit: www.philliesacademy.com